



Welcome to the Australian Shiatsu College

Founded in Melbourne in 1985, the Australian Shiatsu College (TOID 3609) has an established history in training shiatsu practitioners and supporting the development of shiatsu in Australia.

Shiatsu, which translates as 'finger-pressure', incorporates mindful touch with the framework of oriental medicine theory. Originally developed in Japan to promote health and wellbeing, shiatsu uses a variety of techniques to work along the meridians of the body with the aim of supporting a therapeutic outcome.

At the College, the main academic focus is the nationally accredited Diploma of Shiatsu and Oriental Therapies (HLT52215), delivered on-site at the College in Melbourne, two years full time.

The journey to becoming a shiatsu practitioner involves a complex discovery of self-awareness and a working knowledge of and attunement to the human condition.

Emphasis is placed on practical skill demonstration and the integration and application of knowledge and skills over time. Units within the course are sequenced to facilitate the progressive building and integration of the complex industry specific knowledge and skills.

The Australian Shiatsu College has a strong commitment to ensuring that graduates of the Diploma of Shiatsu and Oriental Therapies (HLT52215) are both personally and vocationally competent to practice as shiatsu practitioners



Diploma of Shiatsu and Oriental Therapies HLT52215

UNIT CODE	UNIT DESCRIPTION	You will develop the skills and knowledge to :
CHCCOM006	Establish and manage client relationships	Establish and manage professional one-to-one relationships with clients in the context of providing an ongoing health service or intervention.
CHCDIV001	Work with diverse people	work respectfully with people from diverse social and cultural groups and situations, including Aboriginal and/or Torres Strait Islander people
CHCLEG003	Manage legal and ethical compliance	research information about compliance and ethical practice responsibilities, and then develop and monitor policies and procedures to meet those responsibilities
CHCPRP003	Reflect on and improve own professional practice	evaluate and enhance own practice through a process of reflection and ongoing professional development
CHCPRP005	Engage with health professionals and the health system	work within the health care system and engage effectively with other health professionals, including writing referral reports
HLTAAP002	Confirm physical health status	obtain and interpret information about client health status and to check a client's physical health. It requires a detailed knowledge of anatomy and physiology
HLTAAP003	Analyse and respond to client health information	analyse client health information and then to plan appropriate health services within scope of own role. It requires an in-depth knowledge of anatomy and physiology

UNIT CODE	UNIT DESCRIPTION	You will develop the skills and knowledge to :
HLTAID003	Provide first aid (to be completed externally)	provide a first aid response to a casualty. The unit applies to all workers who may be required to provide a first aid response in a range of situations, including community and workplace settings
HLTINFO04	Manage the control of infection	develop, implement and monitor infection prevention and control systems and procedures in work contexts where health and personal care services are provided
HLTSHU001	Work within a framework of traditional oriental medicine	establish the foundations of traditional oriental medicine and then to integrate its philosophies and principles into practice
HLTSHU002	Develop Shiatsu practice	establish the foundations of Shiatsu practice, evaluate what makes a sustainable practice and then to develop an approach to own practice. It also includes the ability to communicate key information about Shiatsu to others
HLTSHU003	Maintain personal health and awareness for traditional oriental medicine practice	establish and maintain a personal health strategy consistent with the philosophy of traditional oriental medicine. This forms a key element in the practitioner's ability to effectively treat clients and sustain professional integrity

UNIT CODE	UNIT DESCRIPTION	You will develop the skills and knowledge to :
HLTSHU004	Perform Shiatsu therapy health assessments	assess the therapeutic needs of clients using a Shiatsu diagnostic framework. It requires the ability to gather client information, perform a physical assessment and bring information together to develop a Shiatsu treatment plan
HLTSHU005	Perform oriental therapies health assessments	assess the therapeutic needs of clients using an oriental therapies diagnostic framework. It requires the ability to gather client information, perform a physical assessment and bring information together to develop an oriental therapies treatment plan
HLTSHU006	Provide Shiatsu therapy treatments	prepare for and provide therapeutic Shiatsu treatments based on the outcomes of an existing health assessment and treatment plan
HLTSHU007	Provide oriental therapies treatments	prepare for and provide therapeutic oriental therapies treatments based on the outcomes of an existing health assessment and treatment plan
HLTSHU008	Adapt Shiatsu and oriental therapies practice to meet specific needs	adapt assessment and treatment strategies to meet the needs of clients of different genders and at different stages of life. It also includes the requirement to be able to identify and respond to other specific needs with which the practitioner may be unfamiliar

UNIT CODE	UNIT DESCRIPTION	You will develop the skills and knowledge to :
HLTSHU009	Monitor and evaluate traditional oriental medicine treatments	monitor and evaluate treatments provided within the traditional oriental medicine framework, both from an individual client and whole of practice professional development perspective
HLTWHS004	Manage work health and safety	establish, maintain and evaluate work health and safety (WHS) policies, procedures and programs in the relevant work area, according to WHS legislative requirements
BSBSMB404	Undertake small business planning	research and develop an integrated business plan for achieving business goals and objectives
CHCCCS001	Address the needs of people with chronic disease	determine and address specific issues faced by people who have a chronic disease, in the context of contributing to a holistic approach to support.
CHCMHS001	Work with people with mental health issues	establish relationships, clarify needs, and then work collaboratively with people who are living with mental health issues



1st Semester: 17th February - 26th June (18 weeks)

Easter 9th April - 19th April

2nd Semester: 20th July - 4th December (18 weeks)

Mid semester break 1 week 18th September - 27th September

Open Days 2020 at 2-5pm

Sunday 2nd February

Sunday 21st June

Sunday 25th October



Fees for 2020

Diploma of Shiatsu and Oriental Therapies HLT52215

Tuition Fees	Level 1	Level II
Full fees	\$7280	\$8164
Paid by installments		

Material Fees

\$100 material fee is applicable to each year level

Zen Shiatsu - runs twice a year on Mondays \$ 990

Semester 1 17th February - 22nd June
 Semester 2 20th July - 23rd November
 Day and evening classes

Student Clinic

At the Student Clinic individual treatments with senior students are given under supervision of a qualified Shiatsu Practitioner. The session will take 1½ hours and is conducted on a futon on the floor, fully clothed. Please wear loose comfortable clothing.

Friday (alternates between afternoon and evening) :

Afternoon 12:30pm & 2:15pm

Evening 4:45pm & 6:30pm

Cost: \$45.00

Practitioner Clinic

Thursday at 5:00pm & 6:30pm

Saturday at 9:30am, 11:00am & 12:45am

Cost \$60

Both clinics are by appointment only





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