

COVID Practitioner Clinic Protocols & Procedures

Please refer to our [COVID Guest Protocols and Procedures](#) as to personal care and responsibilities as a guest of the ASC.

Room Set Up:

- Room densities must not be greater than:
 - Yellow room no more than 8 people (practitioner & clients combined)
 - White room no more than 22 people (practitioner & clients combined)
 - Open space no more than 30 people (practitioner & clients combined)
- Mats to be no less than 1.5 metres apart
- Recommended maximum set up:
 - Yellow room - 4 mats
 - White room - 6 mats
 - Open space - 10 mats
- Hand sanitiser to be made available for use.

Clients:

- During booking, confirmation and reception process, clients are asked to confirm that they are well, and not demonstrating signs/symptoms of Coronavirus or other illness, have had likely exposure to Coronavirus or have recently returned from overseas
- If unwell, had likely exposure or recently returned from overseas, clients will not be booked in to clinic, or will not be allowed to have treatment and will be asked to leave the building and seek medical advice
- Clients are to wash hands immediately upon entering the building, and after treatment.

Practitioners:

- Practitioners are to advise the College if unwell or had likely exposure to Coronavirus. They are to stay home and not come to the College.
- Practitioners are to wash hands immediately on entering the College building, and immediately before and after treating clients, and after removing used linen from the mat.
- Practitioners are to work through a treatment cloth where practical to minimise skin to skin contact.
- Practitioners are to provide a full set of fresh linen (head cloth, treatment cloth, sheet for shiatsu mat, blanket and pillowcases to wrap bolsters) for each client
- Hand sanitiser will be made available for personal and client use as required, practitioners are welcome to supply their own sanitiser for use as per their preference

Laundry & Equipment Hygiene:

- Fresh linen (head and hand cloth, sheet, blanket) is to be used for each client
- When removing linen from the mat, roll sheet in on itself, ensuring all cloths used are contained with the sheet. Avoid shaking the linen, as this releases particles into the air.
- Place all used linen in an appropriate closed or lidded container immediately
- Wash hands after removing linen and before setting fresh linen out on the mat.
- All ancillary tools (eg cups, gua sha spoons etc) to be washed in hot soapy water at the end of clinic and left to soak in a 1:20 solution of disinfectant in hot water.
- All drinking glasses, mugs etc are to be washed in hot soapy water, dried and put away after use.